

# TIPS FOR A GREAT TELEMEDICINE VISIT

1

Have your child with you in a well lit room that is as quiet and free of distractions as possible

We get it... you're at home, so do your best, if we end up seeing your other children or your pets, that's ok (and even fun for us to see them!)



2

Visits work best if you use your smartphone

Log-in 5-10 minutes before your scheduled appointment time.

Log-in using the patient's name

Once you log-in, do the pre-call test located on the bottom left of the screen to ensure you have a good connection



3

Tools to have available:

1. A thermometer
2. A flashlight or other light source (so we can look in your child's throat)
3. Your child's weight or a scale
4. The name/location of your pharmacy



4

The doctor or NP will have you help with your child's physical exam.

We might have you show the phone to the child's throat, push on their belly, or have you take their temperature, amongst other things.



5

Don't be nervous to ask questions and have your child do the same.

It might be fun for your child to show us their favorite toy or introduce their pet. Those things will help your child be more comfortable with the visit



We're excited to offer this new service!  
Questions or Concerns?  
Please don't hesitate to call us!